me. ⁴⁶ No one has seen the Father except the one who is from God; only he has seen the Father. ⁴⁷ Very truly I tell you, the one who believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the aven, which anyone may eat and not die. ⁵¹ I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

TODAY'S MESSAGE You Are What You Eat! Rev. Glen A. Shedlock

*HYMN #451 New Century Hymnal (NCH) Be Now My Vision

*BENEDICTION (Unison) From A Prayer By St. Teresa of Avila As I return to the sacred dance of my daily living, I remember that Christ has no body now but mine. He prays in me, works in me, looks through my eyes, speaks through my words, works through my hands, walks with my feet and loves with my heart. May the blessings of the Holy One be upon me, for Christ has no body now but mine.

*RESPONSE Spirit of God (verse 2) Steve Garnaas Holmes

*POSTLUDE Abide With Me Arr.: Jerry Ray

Mission Statement:

God calls us to live our faith as disciples
Sharing the love of God revealed through Christ
In the community and the world.

Pilgrim United Church of Christ Staff

Transitional Pastor: Rev. Glen A. Shedlock Minister of Music: Benjamin Knight
Faith Formation Director: Open Position Secretary: Kelly Gerstenberger

Acolyte: Thank You! Liturgist: Sandi Ignizio

Altar Flowers: Thank You! PowerPoint: Kathie Richards

Fellowship: Not at this time. Steeple Lighting: Not at this time.

Greeters: Not at this time.

Ushers: Thank You!

Thank You!

Pilgrim United Church of Christ A Caring Church for Thinking People

130 Broad Blvd † Cuyahoga Falls, OH 44221 † 330.928.4847 † www.pilgrimcf.org †



Sunday, August 8, 2021





You Are What You Eat!

Rev. Glen A. Shedlock

Pilgrim United Church of Christ Cuyahoga Falls, Ohio † Sunday, August 8, 2021 † Eleventh Sunday of Pentecost

WELCOME and ANNOUNCEMENTS

JUST BREATHE: (One minute of centering) Rev. Glen Shedlock

One: Holy God, as we prepare our souls for this time of worship, I ask that you would bless each of us with a calm spirit that is fully open and attentive to your loving presence. With each breath we take, may we find that there is no distance or separation between us. We are one with you, we are one with each other. Breathe into our hearts, Holy God, and fill us with your peace.

THE PRELUDE It is Well With My Soul Arr.: Martha Mier

*CALL TO WORSHIP Sandi Ignizio

One: Watch what God does: God loves what God has created unconditionally.

Many: We would learn a life of such love so we might do as God does.

One: See how Christ loves us: not with caution, but with extravagance.

Many: We would practice such lavish love, not noticing what it costs us.

One: Understand how the Spirit loves us: moving in us, breathing love into us.

Many: We would live such love for others, keeping company with God.

One: Fellow pilgrims, bring your deepest hungers to this holy place, and allow Christ to fill you with his peace.

*HYMN #70 The New Century Hymnal (NCH) God Is Here, As We ...
To the tune of #436 God of Grace and God of Glory

GATHERING PRAYER Sandi Ignizio

One: In the touch of a lover's hand, in the tickling fingers of a child, in the brush strokes on a canvas, in the notes played on a violin,

Many: You are the Grace of Life in our hearts, O God!

One: In the meals neighbors bring during grief, in the cold lemonade of children on the corner, in the cookies and milk offered after school, in a Blessing Box filled with gifts of sustenance for the homeless and poor,

Many: You are the Bread of our Lives, filling us with fresh love moment by moment.

One: In the gentle showers of summer, in the cool breezes of autumn, in the brittle stars of winter, in the butterflies of spring,

Many: You are the Spirit of Our Living, offering hope and promise to our weary souls.

PRAYER OF OUR LORD

Sandi Ignizio

One: Now, Divine Friend, as you draw us close to your heart, which is our true home, we join our hearts and voices in praying together the prayer Jesus taught us, saying...

Many: Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread, and forgive us our debts as we forgive our debtors; and lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory forever. Amen!

RESPONSE Lead Me, Guide Me (refrain)

Lead me, guide me along the way, for if you lead me I cannot stray; Lord, let me walk each day with Thee, lead me, O Lord, lead me.

DEDICATION OF OUR TITHES & OFFERINGS

OFFERING DEDICATION This Is The Day

JOYS & CONCERNS

TODAY'S "ARMS OF LOVE" are wrapped around **Donna Patterson**

PRAYERS OF THE PEOPLE

SPECIAL MUSIC And Can It Be? Arr.: Campbell

THE WITNESS OF HOLY SCRIPTURE -

Sandi Ignizio

³⁵ Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

At this the Jews there began to grumble about him because he said, "I am the bread that came down from heaven." ⁴² They said, "Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I came down from heaven'?"

John 6:35,41-51 NIV

⁴³ "Stop grumbling among yourselves," Jesus answered. ⁴⁴ "No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. ⁴⁵ It is written in the Prophets: 'They will all be taught by God.' Everyone who has heard the Father and learned from him comes to

WELCOME

We joyfully welcome all visitors! Please join us again!

We are very glad You chose to Worship with Pilgrim United Church of Christ!

- ⇒ Prayers for those healing, those mourning, and those in a rough spot in their lives.
- ⇒ Safe travels and good health to everyone enjoying this summer!
- ⇒ Linda Middleton, healing from a fall that injured her back.
- ⇒ Nancy LeVan, following a medical situation earlier in the week.

If you have a prayer that you would included here, contact the church office by phone, 330.928.4847 or email, pilgrimoffice@ameritech.net.

ANNOUNCEMENTS

Thank you for all the calls, cards, prayers, and flowers! Linda Middleton

Thank you so much. The flowers were beautiful! They brightened our day and were truly appreciated!!

Transcribed by Evelyn, Sister-in-Law of Marjorie Mortimer

Thank you ... to everyone who ... have continued to send-in or drop-by contributions!

Contributions Received:

	-	\$5,082.00	August Totals
\$17,431.60	July Totals	\$	August 29, 2021
\$7,440.00	July 25, 2021	\$	August 22, 2021
\$2,701.60	July 18, 2021	\$	August 15, 2021
\$3,900.00	July 11, 2021	\$	August 8, 2021
\$3,390.00	July 4, 2021	\$5,082.00	August 1, 2021

Please . . .

Drop your offering in the offering plate located near the ramp, either before or after the worship today.

Offerings may also be made via Pilgrim's Website. www.pilgrimcf.org

If you would like to give your offering via a credit card, please seek out Kelly Gerstenberger, Secretary, to use the Square device.

Looking for Volunteers . . .

Each Sunday with in-person Worship in the sanctuary, the following tasks need to be filled: Acolyte; Altar Flowers (\$30.00 & Dedication); Liturgist; PowerPoint; & Ushers (2).

A clipboard is located on the table in the education wing . . OR see Kathie Richards to sign-up.

CALENDAR

Sunday, August 8, 2021:

10:30 a.m. Worship Service, Rev. Glen A. Shedlock, Sanctuary

Monday, August 9, 2021:

6:30 p.m. Leadership Meeting, Heritage Room

7:00 p.m. Trustees Meeting via Zoom

Tuesday, August 10, 2021:

8:00 p.m. Broad Highway group, Heritage Room

Wednesday, August 11, 2021:

3:00 - 5:00 p.m. Legacy Barbershop Quartet Rehearsal, Heritage Room

3:00 - 7:00 p.m. Western Reserve Suzuki School - Violin Lessons, Children's Library

4:30 - 6:00 p.m. Western Reserve Suzuki School - Cello Lessons, Adult Library

Thursday, August 12, 2021:

7:00 - 9:30 p.m. Emotions Anonymous, Adult Library

Friday, August 13, 2021:

Saturday, August 14, 2021:

6:00 - 10:00 p.m. Alcoholics Anonymous, Social Hall

Sunday, August 15, 2021:

10:30 a.m. Worship Service, Rev. Glen A. Shedlock, Sanctuary Followed by Lemonade on the Lawn

Monday, August 16, 2021:

6:30 p.m. Leadership Meeting, Heritage Room

